

What Must Be Done

In order to make schools vibrant centres of community life, stakeholders should contribute as follows:

1. School Management Team:

- foster relations with stakeholders
- implement sport plans

2. School Governing Bodies:

- choose sports codes
- fund activities

3. School Code Sport Committees:

- administer leagues

4. Partners and/or Sponsors:

- develop talent
- provide incentives

5. School Sport Committees:

- govern school code sport committees
- co-ordinate code structures
- ensure federations support code structures



ensuring quality learning and teaching for all

SCHOOL SPORT LEAGUES

Making sport accessible to all children

For any enquiries contact your District sports co-ordinator

Making sport accessible to all children



basic education
sport & recreation

Why Participate?

- a) children develop their physical and motor capacities to lead active, healthy lives – a major factor in preventing non-communicable disease;
- b) children will have opportunities to have fun and be active, reinforcing their desire to make physical activity a lifelong habit;
- c) children will understand and overcome barriers to physical activity;
- d) children will make healthy lifestyle choices by integrating sport and physical activity with health education programmes;
- e) children's relaxation, concentration and mindset in school will improve – helping them to focus and learn; and
- f) more children will and stay in school to take advantage of opportunities for sport and recreation that they may not otherwise have.

Aims

To make Physical Education an integral part of school sports participation programmes and the long term participation model into the school day.

This approach will make sport accessible to all children who attend school including those with special education needs.

The approach is based on the application of the four pillars of school physical activity activation:

- I. Curriculum orientated Physical Education;
- II. Intra school activities (inter-house, inter-class);
- III. Extra-mural physical activity and sport, and
- IV. School matches/leagues (inter-school).

Call For Schools To Register For Inter-school Leagues

Registration Period January 2012

2012 School Sport Leagues Registration Form

Name of School: _____

Name of District: _____

Name of Province: _____

Physical Address: _____

Village/Suburb/Township: _____

Telephone: _____ Fax: _____

E-Mail: _____

Number of Learners: _____ Number of Educators: _____

Name of Principal: _____ Contact Details: _____

Sport Facilities available in or around the School (Grounds, etc): _____

Choice of Codes to be Offered in 2012

	Code	Tick
1	Athletics	
2	Basketball	
3	Chess	
4	Cricket	
5	Football	
6	Gymnastics	
7	Netball	
8	Rugby	
9	Volleyball	

Date: _____

School Stamp

Signature: Principal

Signature: SGB

Signature: Sport Co-ordinator